

Abstract

A Japanese Integrative Program of Supplements and Aesthetic Treatments — Case Report with Nutribeauty Method—

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At my clinic, I approach skin concerns through a variety of methods. While I use aesthetic devices at times, I've noticed that even with identical settings, results can vary significantly from one patient to another. This has led me to believe that visible skin issues often reflect underlying nutritional imbalances, which can greatly impact treatment outcomes. This is particularly true for treatments targeting melanin or collagen, where nutrients like iron, vitamins, zinc, and protein play a critical role. When these elements are properly balanced, the skin responds more effectively, and the results are noticeably enhanced. I believe that human beauty is built upon inner health. Ensuring the body has the right building blocks is key to achieving consistent results and higher patient satisfaction. In this presentation, I will share clinical cases that highlight the Neutri Beauty Method I use in my practice.
